

## ACTIVITIES IN LOS CABOS OVERVIEW

### **One&Only Palmilla Exclusives**

#### **Golf**

Opened in 1992, Palmilla was Jack Nicklaus' first signature course built in Latin America comprising a 27-hole layout consisting of three nines, Arroyo, Mountain and Ocean. Palmilla Golf Club is also one of eighteen Nicklaus courses to be selected to Bear's Best, an amazing new course being built in the desert in Las Vegas. Green Fee \$195 usd. Starting at 7:00 a.m., Twilight \$138 usd.

#### **Golf Lessons**

Whether a beginning golfer or experienced player, trying to evaluate your own swing is a slow road to improvement; this gives golfers new ideas. We offer lessons at a practice facility providing a relaxed environment. More advanced golfers can rest assured that their game will improve without impeding personal technique on making practice more productive and their game more fun. Daily upon request \$60.00 usd. for 30 minutes, per person.

#### **Tennis**

Visit the new Palmilla Tennis Club for some fun, a place where you can improve your game, practice your serve or set up a friendly match. New facilities offer 3 Hard Courts used in the Australian Open, with a soft surface very kind to your joints. We are also pleased to offer 2 Clay Courts, first of its type in Mexico. This kind of surface is maintained daily to provide great playing conditions. All Palmilla Tennis Club courts are floodlight courts. Monday to Saturday \$95.00 usd. per player, for a 60 minutes lesson, hours from 8:00 am to Sunset. Court Time: \$45.00 usd.

#### **The One**

Enjoy the beauty of a class Dolphin Center, created with dolphins in mind. Once inside a specially designed 12 feet deep pool, join a small group and meet one friendly dolphin who will be yours for this magical experience. The One offers you the opportunity to learn, pet, play and swim with this intriguing marine mammal while enjoying an educational program full of fun. Monday to Saturday at 9:30 a.m. 7 to 10 years old must be accompanied by an adult. Duration: 3 hrs. Price: 250 usd. per person.

#### **Kids Only**

KidsOnly is complimentary to all guests and carefully supervised by a highly trained staff. A full program of entertainment and activities is tailored to the interests of various ages and offered daily from 9am to 5pm. KidsOnly is available for children four to eleven years old, while kids under four may participate with a parent or guardian.

Active programs include yoga classes, beach volleyball, horseshoes, beach tug-of-war, football and soccer matches, and more. Children are exposed to the cultures of Mexico with entertaining activities such as Spanish lessons, piñata-making classes, cooking lessons, and even sessions on the art of origami.

## **Adventure**

### **Outback & Camel Safari**

Explore a private, secluded unspoiled Ranch with a majestic beach. Ride on top of our well-trained, incredibly strong yet docile camels. During the winter months, enjoy amazing views of the humpback whales as they swim gracefully past this hidden paradise. Departs daily from Dolphin Center. Price: 99.00 usd per person, children \$70.00 usd. 5 hour Tour.

### **Americas Cup**

It's hard to imagine anything more exhilarating than a windblown ride aboard these yachts. You've watched these magnificent sailboats compete for sailing's most coveted prize. The America's Cup is the world's oldest and most prestigious yachting regatta. Once an exclusive activity for millionaires and elite professional yacht racers, now everyone can take part in the ultimate sailing experience. Monday thru Saturday \$100.00 usd. per person, timing 11:00 am and 2:00 pm

### **Canopy**

In Cabo Area there's different sites where you can take part of an exciting adventurous cable rides high above the canyon. While suspended safely in a harness. You will "fly" across the trails and the dry river on this incredible area. The professional guides are members of the National Association of climbers and rappels. Daily, \$96.00 dlls per person, hours 9:00 am, 12:00 pm & 3:00 pm.

### **Fly Fishing**

Is used as a skillful demanding and rewarding technique to catch trout. Fly Fishing uses an artificial fly designed to represent a natural fly that is likely to be eaten by a trout. The artificial fly has no weight so the fisherman has to use the fishing rod to cast the fly to the trout with very special rods and lines, Off Shore or In Shore fishing where you can catch from a Tuna to a Marlin. Daily starting at \$580.00 dlls for 8 hrs, on a 26 ft Catamaran for 2 people.

### **Hiking**

Explore the waterfalls and canyons, dive and swim in these natural spring pools surrounded by incredible rock formations. Hike the canyons traversed by Indians hundreds of years ago. Visit our oasis in the middle of the desert; this is one of the best ways to get in touch with wonderful landscapes and original people from the Peninsula. Daily, \$150.00 dlls, per person, hours 8:00 am, length approx 6 hrs.

### **Kayaking**

Kayak in the most beautiful bays in the East Cape. Visit the remote sea lion colony. Relax along the pristine coast of the marine sanctuary Jacques Cousteau proclaimed "the aquarium of the world". Explore Lover's Beach and the incredible rock formations. Enjoy these wonderful areas Cabo's got to offer. Every day starting at \$70.00 usd. for a 3 hours trip at 8:00 a.m. or 1:00 pm.

### **Outback**

Drive an H2 Hummer in this tour! Get in touch with a farm in Baja. Walking through their vegetable garden, tasting their fresh fruits, petting their lovely animals and seeing the colorful roosters, quails and hens makes you want to absorb all the nature as is possible. An interactive experience in a tour. Daily, \$220.00 usd. per person, hours 8:30 am, length approx. 6 hours.

### **Parasailing**

Enjoy one of the most impressive views of Cabo San Lucas Bay. Fly to 200 meters of height in a parachute and feel the air in its hands, any person can fly like a bird; do not lose this opportunity to see all San Lucas from another angle in a safety way. Daily, \$50.00 dills per person for a 15 minutes flight, hours from 9:00 am to 3:00 pm.

### **Rhino Safari**

Explore the untouched off track path of Baja, discover spectacular ocean side cliffs, lush desert ranges and canyon trails in a caravan safari, driving a friendly all terrain Yamaha Rhino, this is a combination of adventure, contemplation and learning experiences of contrasting landscapes. , Daily, \$110.00 dills single and \$150.00 dills double, hours 9:00 am, 12:30 pm & 4:00 pm, length approx 5 hrs.

### **ATV's**

Get on wheels and enjoy this exciting “in-front of the water” adventure trip to the sand dunes of Migriño on the Pacific Side. Explore the desert, ride and play around on the sand dunes during the day or enjoy the beautiful sunset. An experienced and English speaking guide will be with you during this 3 hours adventure with free soft drinks and everything necessary to make this trip pleasant for you. Schedules: Daily at 9:00 am, 12:30 pm, 4:00 pm, length approx. 3 hrs. Price: \$70.0-usd. Single and \$90.00usd. Double. Private \$100usd. Single and \$131usd. Double.

### **Sailing**

Charter a private skippered vessel and enjoy sea life in a Snorkeling Trip or a romantic Sunset with your couple or some friends with a glass of wine; sailing around Cabo san Lucas Bay escorted by passionate guides who will explain some history of the Peninsula and lead you in to an unforgettable sailing experience. Daily, starting at \$500.00 usd. for a 3 hours trip on a private boat, hours 10:00 am, 12:00 pm, 1:00 pm & 6:00 pm.

### **Scuba Diving**

Beginner and advanced divers will enjoy the challenges near Land's End. In front of the Arch, in between Sea of Cortes and Pacific Ocean, the range is 75', this is recommended for advanced divers only. The Sand falls, an 85 foot dive originally documented by Jacques Cousteau, starts at Pelicans Rock and drops an amazing 3000 feet. Daily, starting at \$110.00 usd. for a 4 hours dive, 8:00 a.m. & 1:00 p.m. including all equipment. Diving in Cabo Pulmo \$250.00 usd.

### **SeaTrek**

If you can walk and breathe - you can Sea Trek. Experience the thrill of exploring the ocean and all its wonders, without giving up precious vacation time for specialized training. Sea Trek is the world's premier underwater helmet diving experience and it's from Sub Sea Systems - the world leader in aquatic resort recreation. Imagine walking in zero gravity while surrounded by incredible aquatic life that's Sea Trek. Daily, \$70.00 usd. for a 35 minutes dive, hours from 9:00 am to 2:00 pm.

### **Snuba**

Dive in the oceans "life zone". Found within the first 30 feet of water, this is where you will find more color, more fish and more coral; provides the ease of snorkeling with the opportunity of being able to breathe underwater; experienced staff on an incredible tour for everyone. After 15 minutes of orientation, your guide will accompany you on an underwater tour that is safe, and unforgettable. Daily \$70.00 usd. per person hours from 9:00 am to 2:00 pm.

### **Outdoor Adventure ( Zip lines –rappelling and hiking )**

So much more than a canopy tour! For those who like to explore and go beyond the city limits, take a ride on board of our Unimog 4x4 trucks, enjoy the amazing rugged mountain landscape of the Baja as you journey into the heart of a UNESCO biosphere reserve known as “Sierra de la Laguna”. Deep canyons, impressive scenery and lush flora and fauna provide the backdrop for your Outdoor Adventure. On your arrival, meet our professional guides who will provide safety equipment. Timing: 8:00 am. Duration: 5 hrs. Price: \$89 usd. per person.

### **Surf Lessons**

Los Cabos has been typically a location for Surfers since the 60's, For beginners interested on this activity we have a location close to O&O Palmilla called Costa Azul with a sandy bottom and friendly waves; experienced instructors rated within the top 10 in Mexico will lead you step by step on this new adventure. Daily, Costa Azul \$85.00 dls per person, hours 8:00 am. Cerritos \$105.00 usd per person 6 hour tour, East Cape Private Tour 295.00 usd 5 hour tour including two participants.

### **Wave Runners**

Cabo has all the excitement you need to spend your vacations. Your adventure on the Sea of Cortez suddenly doubles when you go out cruising on a water motorbike. Pilot your own Yamaha Wave Runner 700XL, a sleek machine that transmits both speed and glide. These powerful machines can be hired for an hour or you can join to an exciting expedition to Chileno Bay. Daily \$150.00 usd. for 1hr single or double, hours 9:00 am to 4:00 pm. 2.5 hrs. Expedition to Chileno Bay \$250.00 usd.

### **Deep Sea Fishing**

Cabo San Lucas premiere fleet, Picante! Sportfishing and big game tournaments have become synonymous with Cabo San Lucas. Top quality yachts, crews, and sportfishing tackle. Climb aboard one of our luxury sportfishing yachts and set out for the world-famous Gordo Bank, Golden Gate Bank, and Jaime Bank, where the waters teem year-round with world-record fish. You'll fish these famous waters in the finest fleet Daily, 8 hours from 7:00 am to 3:00 pm. Private trip starting at \$596.00 usd.

### **Horseback Riding**

A relaxing ride on the beach by horse is a very popular activity, so advanced reservations are recommended. Three desert rides are offered, from one to two hours each; special trail rides of longer duration may be arranged. The famous and romantic beach rides are also available, as well as group or private tours. Daily, \$45.00 usd. per person for a 60 minutes ride, hours from 9:00 am to 6:00 pm. Private tours \$60.00 usd per person for a 60 minutes ride.

### **Snorkeling**

Santa Maria and white sands Chileno Bay with many exotic species of fish found only in this reef environment. Enjoy Cabo Pulmo's only living coral reef in Baja California. Or choose Neptune's Finger or Pelican Rock, where the Sea of Cortez meets the Pacific Ocean. Different kinds of boats are available, such as Zodiacs Boats, Catamaran, Sail Boat, Kayak, Wave Runners and Luxury Yachts. Daily, starting at \$55.00 dills for a 3 hours trip at 10am.

### **Stargazing**

Los Cabos is an excellent site for stargazing, clear nights offers the best opportunity for this, few sights in nature can compare with the splendor of a dazzling star-filled sky. Get into an infinitive world lightened by million of stars; experts guides will show you the constellations names and mythological histories. , Upon request, \$500.00 usd. for a private session up to 50 people, hours from 7:00 pm to 11:00 pm.

### **Karting**

At the heart of the Cabo Karting Center is the outdoor race track. Designed to safely maximize performance and speed. It's on this type of course F1 champions have honed their skills before pushing into fame and fortune. Daily, \$29.00 dills per person for 14 laps, hours from 10:00 am to 11:00 pm

### **Swim with Dolphins**

Swimming with Dolphins is a once in a lifetime opportunity for you and your family to make a connection with these truly remarkable marine mammals. An educational and interactive 30 minute session in its specially designed pools allows you to have a one on one close up encounter. Daily \$167.00 usd. per person 45 minutes swim, hours from 8:30 am to 2:30 pm

## **Extreme Activities**

### **Baja Buggies off Road**

BAJA BUGGYS provides the very best in eco-friendly tours. Visitors interested in exploring and learning about the intricate balance of life here can choose from an array of tours. Our professional guides possess a true understanding of desert life, animals and native sites all combining to create exquisite yet safe tours. Daily, at 9:00 am. & 12:00 am. Prices: \$140 usd. (2 hrs. pilot only), \$180 usd. (2 hrs. pilot & copilot), \$160 usd. (3 hrs. pilot only), \$220 usd. (3 hrs. pilot & copilot).

### **Bungee Jump**

Take a ride out to the custom designed glass floor, suspended gondola, where you will be able to feel the rush of adrenaline as you plunge into the canyon on the only bungee ride in Los Cabos. Starting at 9:00 am until after sunset. Duration 2 hours. Price: 100.00 usd per person.

### **Sling Swinger**

Hanging 230 ft high, alone or with your best friend from our glass-floored gondola, you will swing out at 75 miles an hour for the rush of a life time, and if that wasn't enough, just wait you get to do the whole thing in reverse as you swing back the other way. Starting at 9:00 am until sunset. Duration 2 hours. Price: 100.00 usd per person.

### **Sky Dive**

As the time for the door to open approaches and your heart beat quickens, being with a highly trained professional enables you to relax and enjoy every second, from the adrenaline charged free-fall, to the peaceful parachute ride. You will be fitted with your jumpsuit and harness and introduced to your own personal "tandem-master", who will be with you throughout your unforgettable experience. Daily, \$250.00 usd. per person, hours 10:00 am, 12:00 pm, 2:00 pm, 4:00pm & 6:00pm.

### **Ultra light**

Take off with an expert pilot on board a gasoline engine powered, low-speed, hang glider with no cabin; you will experience the feeling of free flying, delighted by one of the most beautiful views at Land's End in Cabo San Lucas. Experience the contrast of the desert and the sea of Los Cabos and get a bird's eye aerial view of some of the world's finest golf courses and more. Every day starting from \$75.00 usd. per person for a 10 minutes flight, hours from 9:00 am to 6:00 pm.

*The Concierge Staff at One&Only Palmilla does not guarantee the quality or service of the activities outside the Resort or take any responsibility. We simply provide you with this information as a guide to make your vacation easier and more enjoyable. Information from external companies might change without previous notice.*